

The 10 Foundations of MOTIVATION

Foundation #1 Have a _____ for what you do.

Foundation #2 Have a _____ for what you do.

Foundation #3 Be a non-stop, continuous _____ machine.

Foundation #4 Be a _____ and have a mentor.

Foundation #5 Know what gets you _____ and motivated.

Foundation #6 _____ yourself for achieving.

Foundation #7 Practice _____ thinking.

Foundation #8 Keep _____ and achieving.

Foundation #9 Periodically _____ where you are.

Foundation #10 Live a life of _____.